

		Early period (Preceded menstrual cycle)	Late period (Delayed menstrual cycle)	Irregular menstrual sysle		Flooding & Trickling (Metrorrhagia)		Amenorrhea		
Deficiency	Kidney def, Spleen def, or Blood def	Qi def		K def.		K def.		K def.		
		1. K-Qi def. Gui Shen Wan 歸腎丸	1. K def. Jin Gui Shen Qi Wan 金櫃腎氣丸	1. K def.	K-yin def Zuo Gui Wan 左歸 丸	K-yang def You Gui Wan 右 歸丸	1. K def.	K-yin def Yu Yin Zhi Ben Tang 玉陰止崩湯	K-yang def You Gui Wan 右 歸丸	1. K def.
		2. SP-Qi def. Bu Zhong Yi Qi Tang 補中益氣湯	2. Blood def. Ren Shen Yang Ron Wan 人參養榮丸	2. Sp def. Gui Pi Tang 歸脾湯	2. Sp def. Gu Chong Tang 固沖湯		2. Sp def. Gu Chong Tang 固沖湯		2. Sp def. a. Shen Ling Bai Zhu San 參苓白朮散 b. Gui Pi Tang 歸脾湯	
							3. Blood def. Ren Shen Yang Ron Wan 人參養榮丸			
Excess	Cold or Heat	<b>Blood-heat</b>	<b>Blood-cold</b>			<b>Blood-heat</b>				
		1. Yin def. → <b>Blood heat 血熱</b> Liang Di Tang 兩地 湯 (Di Gu Pi+Shen Di Huang) 地骨皮+生地黃	1. Def-cold Ai Fu Nuan Gong Wan 艾附暖宮丸			Qing Re Gu Jin Tang 清熱固精湯				
		2. Yang excess → <b>Blood heat 血熱</b> Qing Jin San 清經散	2. Excess-cold Wen Jin Tang 溫經湯							
		3. LV-Qi Stagnation → <b>Blood heat 血熱</b> Dan Zhi Xiao Yao San (Jia Wei Xiao Yao San) 丹梔逍遙 散=加味逍遙散								
Stagnation	Qi, Blood, Phlegm or Damp		1. Qi stagnation Xiao Yao San (逍遙 散)	1. Qi stagnation Xiao Yao San (逍遙散)	1. Blood stasis Zhu Yu Zhi Ben Tang 逐瘀止崩湯		1. Qi and blood stagnation Ge Xia Zhu Yu Tang 膈下逐瘀湯			
			2. Damp-phlegm stagnation Er Si Tang= Er Chen Tang+Si Wu Tang 二四湯=二陳湯+四 物湯				2. Damp-phlegm stagnation Cang Fu Dao Tan Wan 蒼朮導痰丸			

		Dysmenorrhea	PMS (Premenstrual symptoms)	Menopausal syndromes		Vaginal discharge	Infertility		Abdominal masses
Deficiency	Kidney def, Spleen def, or Blood def	K or LV Yin def		K def.		K def.	K def.		
		1. K-Qi def. (Red tongue) Tiao Gan Tang 調肝湯	Heart blood def. Gan Mai Da Zao Tang + Yang Xin Tang (甘麥大棗湯+養心 湯)	K-yin def Zuo Gui Wan 左歸丸 Variation 1. Jia Wei Xiao Yao San 加味逍遙散 2. Tian Wang Bu Xin Tang 天王補心丹 3. Yi Guan Jian 一貫 煎 4. Zhen Gan Xi Fang Tang 鎮肝熄風湯	K-yang def You Gui Wan 右歸丸 Variation 1. Jian Gu Tang 建固 湯+Bu Gu Zi+Yin Yang Huo 2. Er Xin Tang 二鮮 湯+Gui Ban+ Niu Zhen Zi	1. K-Yang def. Nei Bu Wan 內補丸	1. K-Yang def. K-Yin def. Yang Jin Zhong Yu Tang 養精種玉湯	K-yang def Yu Lin Zhu 毓麟珠  Cold: Ai Fu Nuan Gong Wan 艾附 暖宮丸	
		2. Qi & blood def. (Pale tongue) Shen Yu Tang 聖愈 湯				2. Sp Ynag def. Wan Dai Tang 完帶湯 3. Yin def Zhi Bai Di Huang Wan 梔柏 地黃丸			
Excess	Cold or Heat	<b>Damp-heat</b>	<b>Phlegm-fire harassing upwards</b>			1. <b>Damp-heat</b>	Phlegm & dampness		
		Qing Re Tiao Xue Tang 清熱調血湯	Wen Dan Tang 溫膽湯			Zhi Dai Fang 止帶方 Variation 1. Long Dan Xie Gan Tang 2. Bei Xie Shen Shi Tang (Damp>heat) <b>2. Damp-heat</b> Wu Wei Xiao Du Yin 五味消 毒飲+ Tu Fu Ling+ Yi Yi Ren	Qi Gong Wan 啓宮丸		
Stagnation	Qi, Blood, Phlegm or Damp	1. Qi and blood stagnation Ge Xia Zhu Yu Tang 膈下逐瘀湯	1. LV-Qi stagnation Xiao Yao San (逍遙 散)				1. LV-Qi stagnation Bai Lin Tiao Gan Tang 白 玲調肝湯 Variation Poor appetite, & loose stool: Kai Yu Zhong Yu Tang 開瘀種玉湯		1. Qi stagnati on (Masses move) Xiang Len Wan
		2. Cold stagnation & blood stasis Wen Jin Tang 溫經湯				2. Blood stasis Shao Fu Zhu Yu Tang 少 腹逐瘀湯 Variation Xue Fu Zhu Yu Tang 血府逐瘀湯		2. Blood stasis Gui Zhi Fu Lin Wan 桂枝茯 苓丸 (masses cannot move)	
		3. Def. cold and blood stasis Ai Fu Nuan Gong Wan 艾附暖宮丸							



