

	Yuan	Luo	Xi	-		Back-shu	Front-mu		Lower He-sea		8 Influential point
LN	9	7	6	-	LN 肺	UB-13	LN-1	ST	ST-36	Zang	LV-13 (脾)
LI	4	6	7	-	PC 心包	UB-14	Ren-17	GB	GB-34	Fu	Ren-12 (胃)
ST	42	40	34	-	H 心	UB-15	Ren-14	UB	UB-40	Qi	Ren-17 (心)
SP	3	4	8	-	LV 肝	UB-18	LV-14	LI	ST-37	Blood	UB-17
H	7	5	6	-	GB 膽	UB-19	GB-24	SI	ST-39	Tendon	GB-34
SI	4	7	6	-	SP 脾	UB-20	LV-13	SJ	UB-39	Vessel	LN-9
UB	64	58	63	-	ST 胃	UB-21	Ren-12			Bone	UB-11
KI	3	4	5	-	SJ 三焦	UB-22	Ren-5			Marrow	GB-39
PC	7	6	4	-	KI 腎	UB-23	GB-25				
SJ	4	5	7	-	LI 大腸	UB-25	ST-25				
GB	40	37	36	-	SI 小腸	UB-27	Ren-4				
LV	3	5	6	-	UB 膀胱	UB-28	Ren-3				
Ren		15	UB-59	Yang-qiao							
Du		1	KI-8	Yin-qiao	6415 San Felipe St. Ste C. Houston, TX 77057			Phone:713-782-1803		Cell:832-582-9808	
SP		21	GB-35	Yang-wei	Fax:713-782-1806		<a href="http://www.yesacupuncturewellness.com">www.yesacupuncturewellness.com</a>		email: yesacupuncture@yahoo.com		
			KI-9	Yin-wei							
					<b>8 Confluent point</b>						
					LN-7	Ren (Yin)	⇔	Yin-qiao	KI-6	Throat ache, throat pain and cough	
					SI-3	Du (Yang)	⇔	Yang-qiao	UB-62	Neck, back and shoulder pain	
Abdominal problems					SP-4	Chong (Yin)	⇔	Yin-wei	PC-6	Chest problems	
					GB-41	Dai (Yang)	⇔	Yang-wei	SJ-5	Shao-Yang syndrome	



Yin	Five shu points	Yang
Wood (Liver)	(井) Jing-Well	Metal (LI)
Fire (Heart, P.C.)	(榮) Ying-Spring	Water (UB)
Earth (Spleen)	(俞) Shu-Stream	Wood (GB)
Metal (Lung)	(經) Jing-River	Fire (SI, SJ)
Water (Kidney)	(合) He-Sea	Earth (Stomach)

	Yin	Wood	Fire	Earth	Mental	Water	Yang	Mental	Water	Wood	Fire	Earth
		Jing-well	Ying-spring	Shu-stream	Jing-river	He-sea		Jing-well	Ying-spring	Shu-stream	Jing-river	He-sea
Mental	LN	11	10	9	8	5	LI	1	2	3	5	11
Fire	PC	9	8	7	5	3	SJ	1	2	3	6	10
Fire	H	9	8	7	4	3	SI	1	2	3	5	8
Earth	SP	1	2	3	5	9	ST	45	44	43	41	36
Wood	LV	1	2	3	4	8	GB	44	43	41	38	34
Water	K	1	2	3	7	10	UB	67	66	65	60	40

#### Group Luo

	Yin/Yang	Points
Hand	3 Yin	PC-5
	3 Yang	SJ-8
Foot	3 Yin	SP-6
	3 Yang	GB-39

**Example for Distant and Nearby Point Selection**

<b>Disease area</b>	<b>Distant point</b>	<b>Adjacent points</b>	<b>Local points</b>
<b>Forehead headache (Yangming headache)</b>	<b>LI-4, ST-44</b>	<b>DU-20</b>	<b>GB-14, Yingtang</b>
<b>Temple headache (Shaoyang headache)</b>	<b>SJ-5, GB-41, SJ-3, LV-3</b>	<b>GB-20</b>	<b>Taiyang, GB-8</b>
<b>Nape headache (Taiyang headache)</b>	<b>SI-3, UB-60, UB-62</b>	<b>GV-14</b>	<b>UB-10, GB-20</b>
<b>Eye</b>	<b>SI-6, LV-3, GB-37</b>	<b>GB-16</b>	<b>UB-1, Taiyang, UB-2, ST-2, ST-3 and some points around orbit</b>
<b>Nose</b>	<b>LN-7, LI-4</b>	<b>DU-23</b>	<b>LI-20, 鼻通</b>
<b>Mouth and cheek</b>	<b>LI-4, ST-41, ST-44</b>	<b>SI-18</b>	<b>ST-4, ST-6</b>
<b>Ear</b>	<b>SJ-3, GB-43, SJ-5, GB-43, GB-41</b>	<b>GB-20</b>	<b>GB-2, SJ-17</b>
<b>Throat</b>	<b>LU-10, K-6</b>	<b>UB-10</b>	<b>Ren-23, SI-17 + ST-9 Enlargement of lymphonode due to sore throat</b>
<b>Chest</b>	<b>PC-6, ST-40</b>	<b>LN-1</b>	<b>Ren-17</b>
<b>Costal region</b>	<b>SJ-6, GB-34</b>	<b>LV-13</b>	<b>LV-14, LV-3, SJ-5, LV-13</b>
<b>Upper abdomen</b>	<b>PC-6, ST-36</b>	<b>ST-21</b>	<b>Ren-12</b>
<b>Lower abdomen</b>	<b>SP-6, LV-8</b>	<b>ST-25</b>	<b>Ren-4</b>
<b>Lumbar region</b>	<b>UB-40, SI-3, UB-62</b>	<b>UB-32</b>	<b>UB-23, UB-25, JiaJi points</b>
<b>Rectum</b>	<b>UB-57</b>	<b>UB-30</b>	<b>DU-1</b>
<b>Vertex headache</b>	<b>LV-3</b>		<b>DU-20</b>
<b>Hemorrhoid</b>	<b>DU-1</b>		

**Example for symptomatic point selection**

Symptoms	Points
<b>Fever</b>	<b>DU-14, LI-11, LI-4</b>
<b>Coma</b>	<b>DU-26, Shixuan (十宣)</b> <b>Excess type coma: K-1, PC-8, 5 center points and Shixuan</b> <b>Deficient type coma: Ren-6 and ST-36</b>
<b>Night sweating</b>	<b>SI-3, H-6, K-3, UB-43 ( ↑ Immune system for TB, DM and night sweating)</b>
<b>Clenched jaws</b>	<b>ST-7, ST-6, LI-4</b>
<b>Cough, asthma</b>	<b>Ren-22, Dingchuan 定喘, LN-7</b>
<b>Suffocated chest</b>	<b>Ren-17, PC-6, ST-40</b>
<b>Cardiac pain</b>	<b>PC-6, PC-4, ST-36, Ren-17</b>
<b>Hypochondriac pain</b>	<b>SJ-6, GB-34</b>
<b>Abdominal distention</b>	<b>Ren-6, ST-36, PC-6 + SP-4</b>
<b>Constipation</b>	<b>SJ-6, K-6, ST-25</b>
<b>Convulsion</b>	<b>LI-4, LV-3 ← 4 Gates, GB-34</b>
<b>Epistaxis</b>	<b>DU-23, LI-4, GB-20 (Put ice on the point)</b>
<b>Insomnia</b>	<b>SP-6, H-7, K-3, K-6, 安眠</b>
<b>Profuse sweating</b>	<b>LI-4, K-7</b>
<b>Skin problems</b>	<b>LI-4, LI-11, SP-6, SP-10, BaiCong Wou (百蟲窩, 1 cun above SP-10)</b>
<b>Vomiting</b>	<b>PC-6, ST-36, Ren-12</b>
<b>Urine retention</b>	<b>SP-6, SP-9, Front-mu point of UB (膠穴), Ren-3, LV-1 (Severe situation)</b>

### Luo connecting meridians

Collateral (Luo)	Starts from	Key words of disease
<b>Lung</b>	<b>Ln-7</b>	Respiration system ( <b>Shortness of breath</b> ), heat sensation in the palms and wrist, enuresis and frequent urination
⊙ <b>L.I.</b>	<b>LI-6 (3 cun)</b>	<b>Toothache</b> , cold sensation in the teeth, deafness and a stifling sensation in the chest and diaphragm
<b>S.T.</b>	<b>ST-40 (8 cun)</b>	<b>Muscle atrophy, sore throat</b> , weakness in the lower leg, hoarseness of voice, manic depressive disorders
<b>Spleen</b>	<b>SP-4</b>	Digestive system, Abdominal spasms, pain, <b>vomiting and diarrhea</b>
<b>Heart</b>	<b>H-5 (1 cun)</b>	<b>Aphasia</b> , fullness in the chest and diaphragm
<b>S.I.</b>	<b>SI-7 (5 cun)</b>	<b>Skin problems---</b> Scabies and wart on the skin, weakness of the joints, atrophies of the muscles in the elbow and arm
<b>U.B.</b>	<b>UB-58</b>	<b>Nose problem and headache</b> , Nasal obstruction, watery nasal discharge, nosebleed, headache and back pain
<b>Kidney</b>	<b>K-4</b>	Low back pain, <b>irritability, depression, enuresis</b>
<b>P.C.</b>	<b>PC-6 (2 cun)</b>	Chest pain, and irritability
⊙ <b>S.J.</b>	<b>SJ-5 (2 cun)</b>	<b>In the arms and along meridians' problems</b> , spasm of the elbow, flaccidity muscles in the arm and elbow
<b>G.B.</b>	<b>GB-37 (5 cun)</b>	<b>Eyes problems and fainting</b> , flaccidity of the muscles of lower limbs and making it difficult to stand erect
<b>L.V.</b>	<b>LV-5 (5 cun)</b>	Plum-pit Qi, swelling of the testicles, abdominal colic, <b>itching in the pubic region</b>
⊙ <b>Ren</b>	<b>Ren-15 (7 cun)</b>	<b>Pain and itching in the skin of the abdomen</b>
⊙ <b>Du</b>	<b>Du-1</b>	Stiffness along the spine, heavy or dizziness in the head
⊙ <b>Spleen</b>	<b>Spleen-21</b>	Rapid or irregular breathing, general aching, <b>weakness of the joints of the four limbs</b>

⊙ The Luo connecting meridians do not treat mental disorders.

	<b>Qi</b>	<b>Blood</b>
<b>Taiyang, JueYin</b>	<b>Normal</b>	<b>Abundent</b>
<b>ShaoYin, Taiyin, ShaoYang</b>	<b>Abundent</b>	<b>Normal</b>
<b>Yangming</b>	<b>Abundent</b>	<b>Abundent</b>

